



Anquet Maps 2018 www.anquet.com (Bottom Left - Top Right)-(445105 152226-448340 154493) Map printed at 1:11,111  
 Route: Route 0008, Start Point: 446250 152215, End Point: 446222 152265, Flat Length: 7.68 Kilometres, Hidden Length: 7.69 Kilometres, Max Height: 176.90 Metres, Min Height: 107.09 Metres, Height Ascended: 163.70 Metres, Height Descended: 162.93 Metres, Estimated time: 1 hrs. 48 mins, Est Time: 5.0 Km/hr, 600 m ascent adds 1h